



CITRUS MEMORIAL  
*Health System*

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### **CITRUS MEMORIAL CHARITY GIVES TO CITRUS COUNTY SCHOOLS**

Citrus Memorial's Power of the Heart Charity recently made a large donation to the Citrus County School Board. Funds were raised through three large events including a 5k run and walk, wine tasting and jazz concert, and a "red tie" dinner at Black Diamond Ranch.

Last year, the charity made a donation that enabled RN Rebecca West to teach American Cancer Society Heart Power Curriculum to Citrus County students throughout the 2008-2009 school year. She went to 60 second grade classrooms to teach over 1,200 students how to keep their hearts healthy using various hands-on activities. The kids had the chance to listen to their hearts, learn about nutrition and even learned a song or two about staying healthy. Parents were also given information to reinforce what students were learning at school.

At the end of the school year each classroom was given a gift of exercise dice and media centers were given boxes that contain over 300 activities to get kids up and moving.

The donation of nearly \$12,000 will enable the program to continue during the 2009-2010 school year.

Since the program was a great hit last school year the Citrus County Schools Director of Food Service has already started planning some new additions to the menu. "He'll be adding some new fresh fruits and vegetables so that children can also eat what they learn," says Cathy Reckenwald, Citrus County Schools employee. "We are so incredibly fortunate to have Citrus Memorial Health System partner with us again for the 2009-2010 school year.

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Pictured from left to right: Cathy Reckenwald and Ginger Bryant, Citrus County Schools;  
Rebecca West and Marcy Frisina, Citrus Memorial Health System.

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